



ACHS Reporter

What's Going On At The College?

ACHS Fall Classes Start September 17.

There's still time to register and go back to school this fall with ACHS.edu.

[Visit us online here to view the Fall course offerings.](#)

Discover the ACHS Discover Classes

These courses are 4-week, fully online, dynamic and interactive courses and are a wonderful way to explore holistic health and to introduce you to the world of online, distance education. They provide our students with a practical, working knowledge of holistic health and allow them to utilize their education to enhance their personal life in the quest to develop a more holistic lifestyle. **Register now for the special introductory rate of only \$199!**

Courses begin on Monday, October 15!

Discover Aromatherapy

There is so much more to the world of aromatherapy than utilizing our sense of smell. Learn about the history and philosophy of aromatherapy and how to prepare and use five essential oils for health and happiness.

Discover Ayurveda

Ayurvedic medicine is the age-old system of health care native to the Indian continent. Learn about the history, philosophy and various components of Ayurveda as well as how to apply it in your personal life.

Discover Herbs

Herbal medicine can provide great alternatives for your health and well-being. Learn how to identify what makes herbs work and how to prepare them for daily use. Includes eight common herbs including Chamomile, Dandelion and Lavender. Also learn how to cook with herbs!

Discover Herb Gardening

If you've always been interested in growing your own herbs, either in a small window box or a large outside garden, this is the perfect class for you! Learn how to plan, plant and care for your herbs as well as wildcraft.

You will learn how to identify poisonous plants and how to dry and store your herbs.

Discover Holistic Living

Health is a lifestyle, not a trend or fad diet. Learn how to analyze your own health behaviors and attitudes in order to find your balance for health and well-being.

Register Today:

These courses do not require an admissions interview. Simply fill out your online application form [online here](#). Class sizes are limited, so register today to hold your place in these exciting new courses. Once we receive your registration, we will contact you to confirm enrollment. We look forward to welcoming you to the College!

ACHS Launches New Practitioner Directory Online

Market your holistic health practice with the online ACHS Practitioner Directory exclusively for ACHS graduates. Whether you're a Master Herbalist, Aromatherapist, or Holistic Health Practitioner, the ACHS Practitioner Directory is the perfect marketing opportunity for your practice.

Practitioner listings are just \$150 per year including your business listing and photo. [Click here to advertise your practice today!](#)

Education News

Thank you to everyone who took action in the recent campaign to improve transfer of credit recognition for graduates of nationally accredited schools. Our accrediting agency, the DETC, has been a driving force over the last decade to end discrimination in transfer of credit between regionally accredited and nationally accredited schools.

Thanks to the letters of support from students, graduates, and College officials, there has been success in the Senate on this issue. On July 24, the full Senate passed the Higher Education Amendments of 2007 and eliminated the language the DETC objected to in regard to transfer of credit. The final bill passed now requires schools to publish their criteria for acceptable transfer of credit. This is a small victory for nationally accredited schools. We will keep all alumni informed as updates on this issue become available. Thank you again for all of your support!

Student / Graduate Opportunities

United Plant Saver's Intern Program

Sept 1 – October 14, 2007 (6-Week Session)

Interns work 30 hours per week doing a variety of medicinal plant conservation and cultivation projects. A hands-on practical approach. Classes and opportunities to work with staff teachers and Chip Carroll, Program Manager. *Limited to 8 participants.* For application or more information call Betzy (802) 476-6467

plantsaversmail@earthlink.net, Linda (707) 824-0731
lynda@unitedplantsavers.org or visit online
<http://www.unitedplantsavers.org>.

NANP Conference Volunteers Needed

October 19 – 21, 2007

NANP is looking for volunteers to work the conference in a number of areas. You must be available to work the conference Fri-Sun. All volunteers will receive a special conference weekend rate of \$100. If you are interested in volunteering please call Lynn Keller at (800) 342-8037

ACHS Student Submission

Herb 201 Student Karen Herget

Emmenagogue Herbs, An Essay

I am very personally interested in emmenagogue herbs at this time, since I seem to be passing through one of my major biological life stages, menopause.

I confess this is not a particularly interesting phase of life. My major thought about the process is, "Please be over soon!"

Many of us often feel as though life may be passing us by, but Time passes no one by. In fact, Time often sucks us along, kicking and screaming, despite our best efforts not to go.

The passage of Time is discernable most notably by common hallmarks that signify movement from one phase of human life to the next. These life passages can be identified as social or biological stages.

Social stages include: advancing through educational or professional levels, becoming a parent and later a grandparent, or establishing and dissolving relationships and bonds. We have some control over social changes and we can make choices.

Biological life passages are not normally a matter of choice. Our bodies mature through a series of changes over which we have no control. We must often simply suffer through each change and celebrate attainment of our new status. Biological changes are a process and follow set courses.

Men and women experience changes throughout their lives. Some people are more sensitive emotionally to changes, others experience extremes in physical response to common changes.

For women, menopause is not a frightening experience, but more an onset of tedious and aggravating conditions that identify one of our life passages. [Click here for the rest of the article.](#)

Upcoming Events

21st Breitenbush Herbal Conference: “It Takes A Village Herbalist”

September 7 - 9, 2007

Three days of workshops, demonstrations, and herb walks, for advanced through beginning herbalist, amidst the healing water and ancient forest of Breitenbush. This year's teachers include: Cascade Anderson Geller, Paul Bergner, Jane Bothwell, Howie Brounstein, Christopher Hobbs, Glen Nagel, Michele Palazzo, Deb Soule, Jonathan Treasure and more. Visit www.trilliumbotanicals.net or call (503) 236-2200 for more information.

ACHS 2nd Annual HerbDay Celebration

Friday, October 12, 2007

HerbDay is a series of educational events, to take place on October 13 celebrating the importance of herbs and herbalism. HerbDay was created by the HerbDay Coalition, a group of five herbal non-profit organizations and will raise awareness about the significance of herbs in our lives and the many ways herbs can be used safely and creatively for health, beauty care, and culinary enjoyment. [Click here for the ACHS schedule information.](#)

AIA Annual Conference

October 18 – 21, 2007

The Alliance of International Aromatherapist is having its conference in Denver, CO. There are many great speakers, including Robert Tisserand and Dr. Daniel Penoel. For more information visit: <http://www.alliance-aromatherapist.org/conference.htm>

NANP 2007 Annual Conference

October 19 – 21, 2007

Save the date! The National Association of Nutrition Professionals 2007 annual conference will be held at Sonoma State University. More information coming soon. Watch for the Earlybird Special!

AHG Symposium & Call for Proposals

October 26 – 28, 2007

The 18th annual AHG Symposium will be held the weekend of October 26-28 at the Columbia Sheraton in Columbia, Maryland. They are currently looking for proposals. For more information contact the AHG office at ahgoffice@earthlink.net.

ACHS 4th Annual Holiday Open House

Wednesday, November 14, 2007

Kick off the holiday season with the ACHS 3rd Annual Holiday Open House. Join us for activities: Learn how to create an aromatherapy blend for the holidays, demonstration of great holiday gift ideas and much more!

[Click here for schedule information.](#)

Join us for the ACHS Summer Session in Greece 2008

June 10 – 19, 2008

Register now and make low interest-free monthly payment until 2008. Book your next great adventure today. [Visit us online here for more information.](#)

What's New In the Apothecary Shoppe?

New graduate products now available! Celebrate your success as a graduate and express pride in your achievements with an ACHS graduate lapel pin, keychain, or display medallion!

[View the full graduate products online here in the ACHS Alumni Marketplace.](#)

Help us save trees!

If you are not already receiving this newsletter, by email sign up at www.achs.edu. Our next issue will be available in November. Deadline for submissions is October 20th. All contributions will be considered so if you have any interesting information, have an event coming up, read a good holistic health book, or have anything to share with ACHS students and graduates, let us know. Contact us at achs@achs.edu and put Newsletter Submission in the subject line. Be sure to include a photo and short bio with your newsletter submission. A reminder to graduates to stay in touch and to everyone, wishing you all the best in 2007!